

Mindstate Psychology Pty Ltd

Clinical, Forensic, and Neurofeedback
Psychology Services

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To summarise my psychological experience, I commenced working in a professional psychological role as a School Psychologist in 2011 and have recently upskilled in clinical psychology. I am currently a Clinical Psychology Registrar. The details of my experiences are as follows:

I am currently working in private practice on a part-time basis at Mindstate Psychology and since October 2017 I have worked at Peoplesense, which is the one of the largest employee assistance providers across Western Australia. In this role, as a Clinical Psychologist Registrar I am involved in short-term interventions with both children and adults addressing a wide range of personal and work-related issues. This role also entails some work with couples, onsite support, risk management and crisis response.

In both roles I am engaged in writing reports related to treatment, workers compensation claims and criminal injuries. In addition, in my role at Mindstate Psychology, I have been able to provide reports for various court systems, including family court assessment.

By way of education and qualifications, I completed a Bachelor of Science in Health Promotion in 1997. This was involved in the planning implementing and evaluating health programs across a range of mental health areas that involved assessing and interviewing people as well as providing health and mental health-related information to a variety of organisations. On completing my studies, I worked at the Education Department as a Training & Development Officer involved in the training, induction and provision of services to staff.

In 2004 I completed a Bachelor of Psychology with a Minor in Sociology at Curtin University. This course included counselling, studies in abnormal psychology, cross-cultural psychology and advanced research measures.

In 2010 I completed a Graduate Diploma in School Psychology and Special Education. This course had a particular focus on issues related to child and adolescent development, child and adolescent psychopathology, family and

parenting practices and interventions and personality theory. There was a strong emphasis on psychological testing.

In 2011 I commenced work as a School Psychologist. In this role I attended various conferences and had supervision in a range of areas related to child development and their psychological functioning. I have extensive experience in psychoeducational assessments, counselling of children and parents, working with complex family problems, dealing with behavioural problems related to children. I also became a volunteer member of the School Board at Kensington Secondary School to deal specifically with the educational outcomes of special need children with mild to severe intellectual and physical disabilities.

In 2014 after having a career break for family reasons, I then completed a Masters of Professional Psychology at Murdoch University. This is a specialist course related to counselling, cross-cultural psychology and interventions. During this course I was able to engage with a number of diverse groups across the life with a particular focus on psychometric testing of per-term children.

I then went on to further study and completed a Masters of Applied Psychology (Clinical) at Murdoch University in 2017. This involved over 1,000 hours of placement on both internal and external practicums. My placements involved therapeutic work in Youth Outreach with recently incarcerated clients in partnership with Outcare. At risk youth at Guilford College, Children with special needs and their Families and in the area of Forensic Psychology.

I have attended advanced specialist training including Eye Movement Desensitization and Reprocessing (EMDR) Therapy for trauma presentations Schema Training for people with complex issues.

Fundamentals of Cognitive Behaviour Therapy

Foundations of suicidal prevention and suicide prevention Gate Keeper course.

I have had one on one training in family systems, sexual pathology including pornography, and PAI assessment.